



Zika Virus: Updated Guidance

Columbus Public Health & Franklin County Public Health

Centers for Disease Control & Prevention (CDC) has updated guidance for healthcare providers caring for women of reproductive age with possible Zika virus exposure, as well as prevention of sexual transmission of Zika virus. CDC has now provided recommendations to help healthcare providers discuss pregnancy planning with women and their partners, including suggested time frames for waiting to get pregnant after possible exposure to Zika virus.

Women & Their Partners Who are Thinking about Pregnancy

http://www.cdc.gov/zika/pregnancy/thinking-about-pregnancy.html

Possible exposure via recent travel or sex without a condom with a man infected with Zika	Suggested Time Frame to Wait before Trying to get Pregnant	
	Women	Men
- Zika Symptoms fever, rash, arthralgia & conjunctivitis	Wait at least 8 weeks after symptoms start	Wait at least 6 months after symptoms start
- No Zika Symptoms	Wait at least 8 weeks after exposure	Wait at least 8 weeks after exposure Talk with your healthcare provider

Interim Guidance for Health Care Providers Caring for Women of Reproductive Age with Possible Zika Virus Exposure — United States, 2016

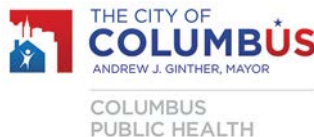
http://www.cdc.gov/mmwr/volumes/65/wr/pdfs/mm6512e2er.pdf

Interim Guidance for Prevention of Sexual Transmission of Zika Virus — United States, 2016

http://www.cdc.gov/mmwr/volumes/65/wr/pdfs/mm6512e3er.pdf

Zika & Pregnancy

http://www.cdc.gov/zika/pregnancy/question-answers.html



Local Zika Virus Info
www.columbus.gov/zika

Alerts & Advisories
idrsinfo.org